

Cristo Rey Jesuit High School

COVID-19 Health and Safety Protocols

The safety of our students, faculty, and staff remains our top priority. These protocols have been established in accordance with guidelines from the Centers for Disease Control and Prevention, state and local government officials, and the Cristo Rey Network. Please note that COVID-19 is a changing situation and we may enhance or lessen these protocols as the situation demands. **CRJ health and safety protocols should be followed by COVID-19 vaccinated and unvaccinated individuals.**

Daily Health Screening

- CRJ employees and students (or parents) should screen for COVID-19 symptoms at home before coming to school each day using the [Daily CRJ Health Screening](#) (can be printed and used at home) or the [Employee Health Screening](#) and [Student Health Screening](#) Google form.
- Employees and students should not come to school if:
 - they are sick with [COVID-19 symptoms](#) (cough, shortness of breath, difficulty breathing, new loss of taste or smell, fever of 100.4 or higher, chills, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose)
 - test positive for COVID-19 or awaiting COVID-19 test results
 - have recently been exposed to someone with COVID-19 or suspected of having COVID-19 (except fully vaccinated individuals who are not showing symptoms)
- Employees or students displaying symptoms of COVID-19 while in the school building will immediately be placed in an isolation area and sent home as soon as possible. Parents/guardians will be responsible for promptly picking up sick students.

Face Masks

Face masks are required for all individuals in the school building and on school provided transportation. Two CRJ branded face masks will be provided to all employees and students. Employees and students may also wear a slogan free face mask of their choosing if it has 2 or more layers of fabric, covers the nose and mouth, and fits securely against the face. The CDC does not recommend the use of masks with exhalation valves or vents which allow the virus particles to escape. Gaiters are permitted if they have two layers or are folded to make two layers. Face shields are permitted only if they are worn with a face mask. Disposable masks will be

provided in the event an employee or student forgets to bring theirs. Face masks must always be worn unless one of the following applies:

- The individual is eating or drinking and is at least 3 feet away from others.
- The individual is alone in a single occupancy office.
- The individual is experiencing trouble breathing.

Additional resource:

[Your Guide to Masks](#)

Hand Hygiene and Respiratory Etiquette

Handwashing is one of the best ways to protect yourself and others from getting sick. If soap and water are not available, hand sanitizer can be used. All employees and students are required to maintain proper handwashing at regular intervals throughout the day. Hand sanitizer dispensers are located at the entrance of the school, in each classroom, and throughout the school building. Students will be provided with a travel sized hand sanitizer.

Key times to clean hands during the school day:

- Upon arrival to school
- When entering AND exiting a classroom or office space
- Before and after preparing food
- Before eating
- After using the restroom
- After blowing your nose, coughing, or sneezing
- After touching garbage
- Before touching your eyes, nose, or mouth
- After you have touched an item that may be frequently touched by other people

Students and employees should cover their coughs and sneezes with a tissue or the inside of their elbow and dispose of the tissue appropriately.

Additional resource:

[Handwashing and Hand Sanitizer Use](#)

Social Distancing Measures

To maximize social distancing for students and employees, the following practices will be used:

- All individuals in the school building must practice social distancing, which includes keeping a distance of 3 feet or more from others. Floor markings and signage will assist with social distancing requirements and one-way traffic flow.
- Capacity in classrooms, elevators, meeting rooms, restrooms, and other shared spaces will be limited to meet social distancing requirements. Signage will be posted to note capacity limits.
- Classroom layouts have been modified with desks spaced 3 feet apart and facing one direction.
- Restrooms will have signage and every other sink will be closed to meet social distancing requirements.
- Reception areas will have protective screens.

Facility Preparedness

- **Cleaning and Disinfecting:** CRJ facilities team has enhanced their daily cleaning protocols to ensure all frequently touched surfaces in the school are disinfected throughout the day. All classrooms, restrooms, meeting rooms, and common areas will be thoroughly cleaned each day. Cleaning will involve the use of EPA approved agents that kill coronavirus. Use of shared objects will be limited when possible or cleaned between uses. Automatic light sensors and touchless sinks have been installed to reduce the spread of germs. Areas recently occupied by a person with COVID-19 infection will be closed off for use and thoroughly cleaned before reuse.
- **Ventilation:** HVAC systems have been evaluated and modified to ensure adequate ventilation. MERV-13 filters have been installed in the school building. Weather permitting, all classroom and office windows will remain open to increase circulation of outdoor air.
- **Signage:** Signage and barriers have been placed throughout the school to promote social distancing and assist with traffic flow.
- **Water Fountains:** Water fountains have been modified and will be used for water bottle refills only. Students will be provided with a refillable water bottle.
- **Visitors:** Access to the school will be limited to students, employees, and visitors with appointments only. Visitors will be required to wear a mask, abide by social distancing guidelines, and complete a health screening.

Transportation

- The seating capacity of all CRJ vehicles will be reduced to help maintain social distancing.
- Weather permitting, all CRJ vehicles will increase ventilation by opening windows.
- Students will board the vehicle one at a time while maintaining a distance of 3 feet or more from others. Seats will be filled from back to front. Students will exit the vehicle one at a time from front to back.
- All vehicles will be thoroughly disinfected after every route, focusing on all seats and surfaces touched by passengers and drivers.

COVID-19 Testing

CRJ will offer COVID-19 testing as part of a layered prevention approach. More information will be provided.

Contact Tracing

CRJ will work with the Baltimore City Health Department to conduct contact tracing in the event that an employee, student, or visitor tests positive for COVID-19.

All employees and students/parents are required to report the following situations to the school nurse:

- Testing positive for COVID-19
- Having close contact with a person with COVID-19 or suspected of having COVID-19 (except fully vaccinated individuals who are not showing symptoms)
- Waiting for a COVID-19 test result or scheduled to be tested for COVID-19

CRJ's Response to COVID-19 Cases - Exclusion and Return to School

Cristo Rey Jesuit High School will follow the guidance of the Baltimore City Health Department and MDH/MSDE's [Decision Aid](#) for all COVID-19 cases.

Students or employees that test positive for COVID-19 should stay home and away from other people.

Please notify the school nurse at jtatum@cristoreybalt.org and contact your health care provider for further guidance. **Employees and students may not return to school or work until:**

- they have been fever free for 24 hours without fever-reducing medication
AND
- symptoms have improved
AND
- it has been 10 days since symptoms first appeared

Students or employees that have been in close contact (within 3-6 feet for a total of 15 minutes or more over a 24-hour period) with a person diagnosed with COVID-19 should stay home until 14 days after their last exposure (except fully vaccinated individuals who are not showing symptoms). Please notify the school nurse at jtatum@cristoreybalt.org, monitor your temperature, and watch for symptoms of COVID-19. Please contact your health care provider if you develop a fever or symptoms.

Students or employees that develop COVID-19 symptoms while at school should report to the Health Suite immediately. Employees or students with COVID-19 symptoms will immediately be placed in an isolation area and sent home as soon as possible. Students should be picked up promptly by a parent or guardian. Please

contact your health care provider for further guidance. **Employees and students may not return to school until they:**

- have a COVID-19 PCR test which shows a negative result (a negative rapid test must be confirmed by a PCR test).
-or-
- have a note from a health care provider stating they have another specific diagnosis and symptoms have improved.
-or-
- have been fever free for 24 hours AND symptoms have improved AND it has been 10 days since symptoms first appeared.

If a COVID-19 infection is identified among employees, students, or anyone who has visited CRJ, the school will:

- Follow the guidance of the Baltimore City Health Department on contact tracing, closure, testing, and quarantine.
- Notify employees and families while maintaining confidentiality.
- Thoroughly clean and disinfect all areas of the building where the infected person worked or visited.

For information on COVID-19 testing locations, please visit:

<https://coronavirus.maryland.gov/pages/symptoms-testing>

<https://coronavirus.baltimorecity.gov/where-get-tested-covid-19-baltimore-city>

Additional resources:

[What to do if you are sick](#)

[When you can be around others](#)

Additional Information for CRJ Students and Parents

[Students - Protecting Yourself From COVID-19](#)

[Daily Health Procedures for CRJ Students](#)